

2026 FLC High School Workshops Descriptions

Each high school student attending the 2026 MASC Fall Leadership Conference is asked to **rank their top five workshop choices**. While we do our best to honor workshop preferences, they are not guaranteed as workshops are limited due to space. As an advisor, you will submit your student's workshop preferences when completing registration for the conference.

Letter	Title	Description
A	Making Decisions as a Team	Maryland Leadership Workshops is excited to join MASC for the Fall Leadership Conference. This workshop features interactive challenges where students will build decision-making skills, learn about group roles, and understand how to work together to overcome challenges.
B	Build Your Future Through Budgeting	This workshop will teach students how to apply budgeting to their futures and within their schools. Through interactive activities, students will learn to manage money wisely.
C	Planning with Purpose: Building School Spirit Through Events	Discover how creative event planning can turn school events into experiences students are excited to be part of. Learn strategies to boost participation, build school spirit, and create events people will remember.
D	Race Day Ready: Mastering the Art of Event Planning	Ever planned a school event that didn't go quite as planned? From pep rallies that need more energy to spirit weeks that need fresh ideas, running a successful school event takes more than just a good idea. It takes a team with a plan! In this leadership in overdrive themed workshop, you'll step into the role of a racing team and discover how communication, teamwork, and strategy can take your student council's events to the next level.
E	Cooking with Kindness	This workshop will focus on how to keep your SGA welcoming, fun, and inclusive for everyone.
F	Driving Democracy: Civic Engagement for Students	In Driving Democracy: Civic Engagement for Students, delegates will be put in the driver's seat and equipped with the skills they need to get civically involved and help their peers do the same. This includes how to get involved in the electoral process, stay connected with their legislative representatives, and explore media bias.
G	The Pit Stop: Refueling Environmental Advocacy	VROOMMM! Are you ready to fuel up and learn about the importance of environmental advocacy with a FISH, LORAX, and a TREE? Understand how YOU can benefit your community through what you will learn in this workshop!
H	MASC Foundational Documents: Hamilton's Constitutional Convention	This workshop teaches delegates how foundational documents, especially constitutions, create structure and rules for governments and organizations. Through interactive activities, delegates will learn about articles, clauses, and amendments, while working together to create and debate their own mini-constitution.
I	CHOPPED: Leadership	Think you can survive the CHOPPED kitchen? Put your leadership skills to the test as your

	Edition	team races to create a school initiative with a mystery goal, limited budget, and unexpected twists that could ruin your entire plan. Learn how to prioritize, adapt, and work as a team, and leave with strategies you can bring back to projects at your own school!
J	Confidence, Expression, and Communication; How to Effectively Articulate Ideas	In this workshop, you will learn how to apply assertiveness, confidence, and the 3 C's of Communication in order to express your opinions and communicate clearly. You will participate in a variety of interactive and fun activities that will challenge you and develop your skillset.
K	Construct Your Race Car; Perfecting Your Speaking Skills and Utilizing	This workshop aims to strengthen students' public speaking skills and connect these skills to the real world by utilization of interactive activities that tie into possible careers.
L	Leaf Back Into School: Goal-setting 101	Let's "leaf" back into this new school year ready to achieve success! This workshop will focus on how to set effective goals and what kind of results goal setting can produce.
M	Making Everyday Social Cues Work for You	This workshop aims to guide you through understanding social cues and how implicit biases impact how we view others. You'll learn practical ways to apply social cues in everyday conversations or presentations, building better connections.
N	Piecing it Together: Aligning Your Paper with Your Presence	Ready to turn over a new leaf and perfectly shape your student profile? Join this interactive workshop to master both the written application and interviewing skills needed to ensure you come across in person exactly how you do on paper.
O	Plot Twist: You're in Charge	You're in charge—but just when you think you have a plan, everything changes. Work with your team through surprise plot twists, tough choices, and new information to see how well you can adapt, communicate, and lead when there's no perfect answer.
P	Race to a Complete Resume	READY, SET, RESUME! To cross the finish line in first place, you must have good formatting, polish, clear details, and action-based experience descriptions. In this workshop, you will learn how to write an effective resume that will make a good impression on its readers and which will open up new opportunities for you.
Q	Resume in Overdrive: Building a Resume That Crosses The Finish Line	Your race starts here. Compete in fast-paced resume sorting races as you turn your experiences into a powerful resume, aka your race car, write action-driven bullet points, and confidently explain your skills and impact in this racing-themed workshop!
R	Speak, Listen, Lead	Speak, Lead, Listen is an active and engaging workshop to help delegates develop effective communication skills. In this workshop, delegates will participate in different hands-on activities to strengthen their leadership and communication skills.
S	The Presenters Among Us	Master the art of audience engagement in this high-energy, Among Us-themed workshop, where you will use an interactive deduction game to decode the body language, mannerisms, and delivery secrets that build professional presence.

T	Fuel Your Impact: Shifting Into Acts and Benefits of Service	In the workshop, delegates will learn the ins and outs of service through fun, engaging activities and discussions. They will leave with a general understanding of service, how it benefits others, and a personalized plan to host a service initiative in their communities!
U	The Final Lap: A Fight for Safe Drinking Water	Get ready to race against lead as you uncover the shocking truth behind contaminated drinking water and the Flint Water Crisis. Test your knowledge, investigate real evidence, and step into the courtroom to decide who should be held responsible in an exciting mock trial.
V	Dual Enrollment	Ever wondered if you could earn college credit before you even graduate high school? In this interactive workshop, delegates will learn what dual enrollment is, explore its benefits and challenges, and discover ways student councils can help connect students with college opportunities.
W	Elements of the Arts	In this workshop, we're going to find out which art type fits you best, and how to advocate for it in your school/county!
X	How to Hustle 101	How to Hustle 101 is an interactive workshop designed to help students turn their skills, interests, and everyday ideas into real opportunities to earn money. Participants will learn the basics of starting a side hustle—from identifying a profitable idea and finding customers to setting prices, promoting their services, managing money, and building a strong reputation. Through relatable examples like tutoring, dog walking, baking, content creation, and other student-friendly businesses, this workshop will give students practical steps they can use to start their own hustle and become more financially independent.
Y	Streamer University: Building Your Online Presence	As StuCo kids, we're ALWAYS online... Whether we're posting, responding, interacting, or whatever else it may be. If we're being honest, sometimes it can be a little too much to keep up with. If so, apply to Streamer U! This workshop is the ultimate one-stop shop for all things digital: managing social media, writing emails, hosting virtual meetings, scheduling with calendars, and using other digital tools to communicate effectively, stay organized, and engage with their communities.
Z	Stress Survival Guide: Build Your Coping Skills Toolbox with Work2BeWell	Stress is a part of everyday life, but how we respond to it can make all the difference. In this interactive workshop, you'll learn about stress languages, practical coping skills, and create your own personalized coping skills toolbox to help navigate stressful moments with confidence.
AA	Election Island: Will you be dumped?	Get ready to enter the Love Island of Elections, where delegates will compete in challenges to learn how to run a fair election, build a campaign that stands out, and get their fellow Islanders excited and informed about voting!
BB	From Passion to Purpose	Your voice has power, and we'll teach you how to use it! Learn how to effectively turn your unique passions into impactful projects that transform your community and create a positive, real-world change.
CC	MASC into the CTE Multiverse	Enter the Spider-Verse and discover how unique Career Technical Education (CTE) skills can shape your student council! Learn how to utilize your unique skills, build strong advocacy

		networks, find solutions to community challenges, and grow the student voice in your school.
DD	They Tryna Ignore It: Speak Up or Sit Down	Ever see a problem at school and think, “Somebody needs to do something about this”? In “They Tryna Ignore It: Speak Up or Sit Down”, learn how to turn student concerns into action, speak up effectively, and use your voice to create real change. Don’t be the dog tryna ignore it. Don’t be the dog who accepts it either. Be the dog who steps up and changes it.
EE	Protecting Maryland's Educational Blueprint (With Strong Schools Maryland)	Delegates will learn how to turn their everyday experiences into advocacy for the future of education in Maryland. Representatives from Strong Schools Maryland will discuss the Blueprint and upcoming legislative session.

Student Workshop Preference Form

Advisors: You may use this form to help stay organized as you gather your students’ workshop preferences that you will submit during registration. You DO NOT submit this form. It is meant as a resource to help you stay organized during the registration process.

Student Directions: Please print your first name, last name, and the LETTER corresponding to your top five workshop choices for MASC’s Fall Leadership Conference.

#	Student First Name	Student Last Name	Choice #1	Choice #2	Choice #3	Choice #4	Choice #5
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